

Player Name:			Age:
Street:			Grade in Sept. 2008
			Sex:
City:	State:	Zip:	
Parents:			
Phone:			
E-mail:			
Any Medical Conditions:			
Choose one of the following:			
Boy Grade 4-5   Boy Grade 6-7-8   Girl Grade 4-5   Girl Grade 6-7-8   Advance-HS			

**Register by Mail return  
check and registration form  
to:**

Lou Heaton  
376 Long Mt. Rd.  
New Milford, Ct. 06776

**Clinic size is limited**

**Mail in registrations must be  
post marked no later than**  
Sat. June 14, 2008

**Register in person at Canterbury Field  
House Wednesday, June 25th 7 – 9 PM**

**Make check(s) payable to**

**Special 1 hour -- 6 sessions -- Sundays 8-9  
PM Additional clinic for advance girls or  
boys grade 7-8 and High School players  
preparing for the coming season.**

*Call for more information*

**Lou Heaton (860) 350-2625**

## New Milford Youth Basketball Organization



### Summer Basketball Clinics

Boys and Girls  
Grade 4-8  
And High School



12 Nights – July and Aug.

\*\*\*Open to all Towns\*\*\*

## Clinic details...

### Boys Clinic

Location: Canterbury Field House

Dates: July 9 thru Aug. 16

Times: Grade 4-5 Sun 5-6:30 PM

Wed 6-7:30 PM

Grade 6-7-8 Sun. 6:30-8 PM

Wed 7:30-9 PM

Cost \$135

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### Girls Clinic

Location: Canterbury Field House

Clinic Dates: July 9 thru Aug. 16

Times: Grade 4-5 Sun 5-6:30 PM

Wed. 6-7:30 PM

Grade 6-7-8 Sun. 6:30-8 PM

Wed. 7:30-9 PM

Cost \$135

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### Advance Clinic and High School

(Boys and Girls)

Location: Canterbury Field House

Clinic Dates: July 9, 16, 23, 30

Aug. 6, 13

Times: Sun 8-9 PM

Cost \$50

(\$25 if taking other clinic)

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### Contact Information

Lou Heaton, Program Dir.

(860) 350-2625

[www.nmybo.org](http://www.nmybo.org)

## About the Clinics...

NMYBO summer clinics are a unique opportunity to experience some exciting basketball. This is our 7th year of running the summer basketball clinics. Our clinics offer drills, scrimmages and lectures. The staff will be a combination of adult coaches from our program and area high schools.

## Who should attend...

The clinics are for all players who want to improve their basketball skills. Players will participate in drills and activities that will teach them all aspects of the game.

## Why 2 nights a week for 12 nights...

The 2 nights a week for most of the summer offers your child a unique clinic structure. This structure allows for instruction over an extended period and the ability of our staff to work with your child all summer. This allows for the freedom to miss some clinics due to vacation or other summer activities. It allows your child the time to absorb and practice what is presented to them.

## What do we work on...

During the clinics we touch on the following areas:

### ✓ Offense

- .. Shooting, ball handling and passing
- .. Dribbling weak/strong hands
- .. Foul shooting / Jump shot

### ✓ Defense

- .. Rebounding and boxing out
- .. Man-to-Man defense techniques
- .. Trapping / Double teaming
- .. Full court Zone/Man-to-Man press

### ✓ Team concepts

- .. Screens and set plays
- .. Fast breaks and Full court defense
- .. Team defense (Zone/Man-to-Man)

### ✓ Game Play

- .. 3 on 3 and Scrimmages

